Army Family Action Plan Program (AFAP)

AFAP is looking for volunteers to work for upcoming AFAP Conference and to serve on the AFAP Advisory Council.

- ***Facilitators, Recorders, Transcriber, Issue Support Person, Delegates, Advisory Committee Member***
- ***Training and Free childcare is available***

If you have any experience in the above listed areas, please contact Yannique Thomas, AFAP Coordinator at DSN: 385-2646 or CIV: 0621-730-2646, yannique.thomas@cmtymail.26asg.army.mil.

The Clothesline Project

Do you know someone affected by Domestic Violence?

Create a shirt for the Clothesline Project!

Shirts will be on display in October.

For more information contact:
Army Community Service
Yulonda Gilbert, 0621-730-3101
Sullivan Barracks, Bldg. 253

Infant Play Group

Tuesdays

10 – 11:30 a.m.

FCC Building

742 Washington St.

Army Community Service
Karen Borg, 0162-899-7970
Sullivan Barracks, Bldg. 253

Resume & Job Information Class

Join us
every Tuesday
in September
10 – 11:30 a.m.

ACS Building 253 DSN 385-2281

Toddler Play Group

Thursdays

10 – 11:30 a.m.

FCC Building

742 Washington St.

Army Community Service

Monica Green, 0160-579-1361

Sullivan Barracks, Bldg. 253

Mommies Play Group

Fridays
10 – 11:30 a.m.
Room 11, CDC
699 Monroe St.

Army Community Service
Karen Borg, 0162-899-7970
Sullivan Barracks, Bldg 253

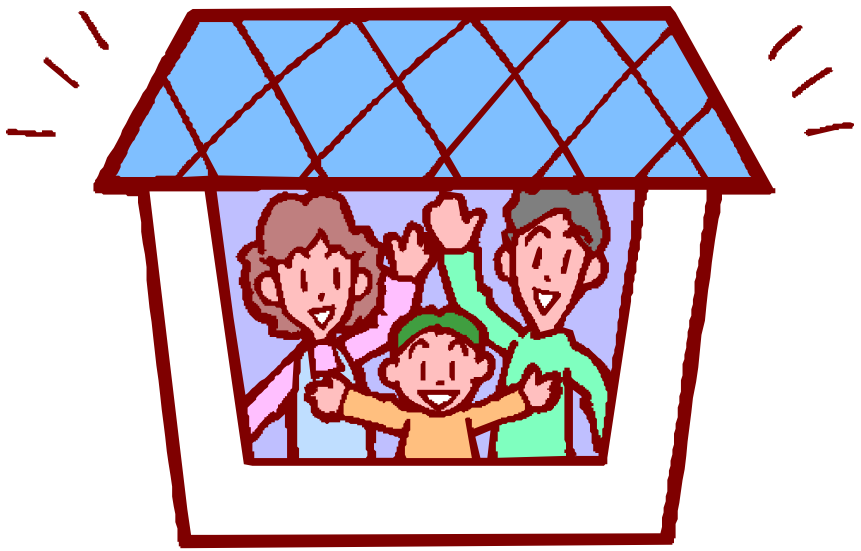
Home Visits

Most new parents have lots of questions about their new child. Contact New Parent Education and Support today for a home visit.

Army Community Service
Karen Borg, 0162-899-7970 OR
Monica Green, 0160-579-1361
Sullivan Barracks, Bldg. 253

Emergency Placement

Make your house a home for a child in need – Become an Emergency Placement Care Provider today!



Army Community Service
Cozette Warner, 0621-730-2574
Sullivan Barracks, Bldg. 253

ACS
FINANCIAL READINESS PROGRAM

Use the change of seasons as a good signal to review your personal financial plan.

Classes and one-on-one assistance are available to help.

Don’t delay… call today!!!

All services are free!!!

DSN 385-3101 or CIV 0621 730 3101

Lending Library

Need information on parenting or military life?

Check out the Family Advocacy Lending Library.

Army Community Service
Michelle Wells, 0621-730-3101
Sullivan Barracks, Bldg. 253 Room 102

Marital Conflicts

Wednesday
September 8
5 – 6 p.m.

Army Community Service
Yulonda Gilbert, 0621-730-2071
Sullivan Barracks, Bldg. 253

Common Sense Parenting

For School Aged Children

Wednesdays
September 8 & 22
9:15 – 11:15 a.m.
ACS, Room 102

Army Community Service
Cozette Warner, 0621-730-2574
Sullivan Barracks, Bldg. 253

Exchange

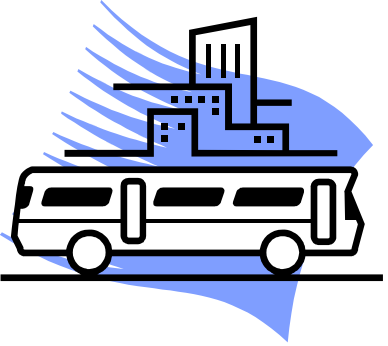
Friday, September 10

11 a.m. – 1 p.m.

Looking for something?
Looking to get rid of stuff?

Join our friendly exchange!

Army Community Service
Darlene Fletcher, 0621-730-3101
Sullivan Barracks, Bldg 253



MANNHEIM ORIENTATION SPOUSES' TOUR MOST

ARMY COMMUNITY SERVICE
SELF-HELP, SERVICE, AND STABILITY

Mannheim Orientation Spouses Tour

September 13-15, 2004

MWR
FOR ALL OF YOUR LIFE

Register at ACS Relocation Office
Sullivan Barracks, Bldg. 251
DSN: 385-2326
CIV: 0621-730-2447
Free child care

Anger Management

Monday
September
13 & 27
11 a.m. – 1 p.m.

Army Community Service
Darlene Fletcher, 0621-730-3101
Sullivan Barracks, Bldg 253

Stress for Kids

Tuesday
September 14
3:30 – 4:30 p.m.

Army Community Service
Cozette Warner, 0621-730-2574
Sullivan Barracks, Bldg. 253

Coaching Boys into Men

Wednesday
September 15
5 – 6 p.m.
ACS

Army Community Service
Yulonda Gilbert, 0621-730-2071
Sullivan Barracks, Bldg. 253

Common Sense Parenting

For Preschoolers and Toddlers

Wednesday

September 15 & 29

9:15 – 11:15 a.m.

ACS, Room 102

Army Community Service
Cozette Warner, 0621-730-2574
Sullivan Barracks, Bldg 253

Stress Management

Thursday
September 16
2 – 4 p.m.

Army Community Service
Darlene Fletcher, 0621-730-3101
Sullivan Barracks, Bldg. 253

Looking for Something to do?

Monday

September 20

11 a.m. – 1 p.m.

Come to ACS for conversation, fun and food!

Army Community Service
Darlene Fletcher, 0621-730-3101
Sullivan Barracks, Bldg 253

Show Me The Money!!

FRG Training- Fundraising, Rules, Regulations & Ideas

Sept. 21, 6:30 – 8 p.m.
Who: FRG leaders, volunteers, liaisons, Commanders, Rear Detachment Commanders, CSM's, 1SGT's & other interested parties

ACS: Sullivan Bks., Bldg. 253
Cathy Hays, ACS
DSN: 385-3388/3101 Civ: 0621-730-

Dealing with your Parents

For Teens Only!

Tuesday

September 21

3:30 – 4:30 p.m.

Army Community Service
Cozette Warner, 0621-730-2574
Sullivan Barracks, Bldg. 253

Dynamics of Family Violence

Wednesday
September 22
5 – 6 P.M.

Army Community Service
Yulonda Gilbert, 0621-730-2071
Sullivan Barracks, Bldg 253

FRG Roundtable

An evening of sharing, caring, venting, networking, gathering and learning for FRG Leaders, Liaisons, Rear Detachment Commanders and Commanders.

Tuesday, Sept. 28
Time: 6:30 – 8 p.m.
Where: Sullivan Bks., Bldg. 253

For more information contact Cathy Hays
385-3388/3101
cathy.hays@cmtymail.26asg.army.mil

Prevent Domestic Violence

In October learn how to prevent domestic violence by scheduling a class for your FRG or Unit during Domestic Violence Awareness month.

Army Community Service
Yulonda Gilbert, 0621-730-2071
Sullivan Barracks, Bldg. 253

Tea Time for Mothers and Daughters

Friday
October 1
5 – 6 p.m.

Army Community Service
Yulonda Gilbert, 0621-730-2071
Sullivan Barracks, Bldg. 253

Hug Week

Hug the ones you love!

October 2 – 8

Army Community Service
Yulonda Gilbert, 0621-730-2071
Sullivan Barracks, Bldg. 253

Want to get out of the house?

Join us at ACS for food, fun, coupons and more!

Monday

October 4 & 25

11 a.m. – 1 p.m.

Army Community Service
Darlene Fletcher, 0621-730-3101
Sullivan Barracks, Bldg. 253

Home Organizational Skills

Tuesday

October 5

9:30 – 10:30 a.m.

ACS

Army Community Service
Cozette Warner, 0621-730-2574
Sullivan Barracks, Bldg. 253

Common Sense Parenting

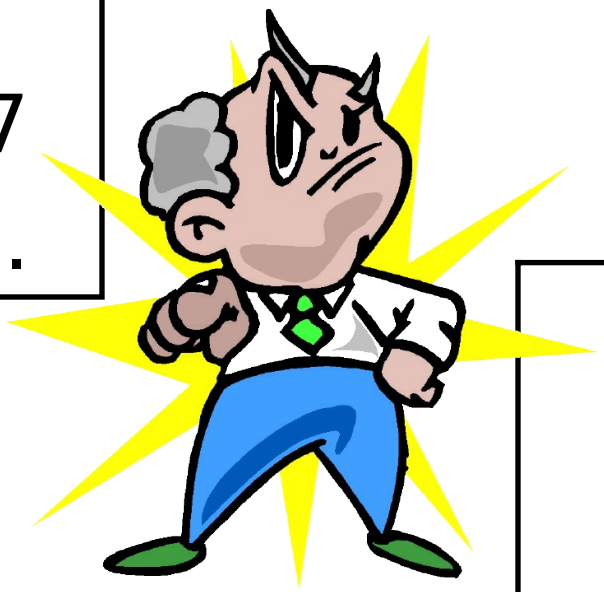
For School Aged Children

Wednesday
October 6 & 20
9:15 – 11:15 a.m.
ACS, Room 102

Army Community Service
Cozette Warner, 0621-730-2574
Sullivan Barracks, Bldg. 253

Anger Management

Thursday
October 7
2 – 4 p.m.



Tuesday
October 12
11 a.m. – 1 p.m.

Army Community Service
Darlene Fletcher, 0621-730-3101
Sullivan Barracks, Bldg. 253

Stress for Kids

Tuesday
October 12
3:30 – 4:30 p.m.

Army Community Service
Cozette Warner, 0621-730-2574
Sullivan Barracks, Bldg. 253

Marital Conflicts

Wednesday
October 13
5 – 6 p.m.

Army Community Service
Yulonda Gilbert, 0621-730-2071
Sullivan Barracks, Bldg. 253

Common Sense Parenting

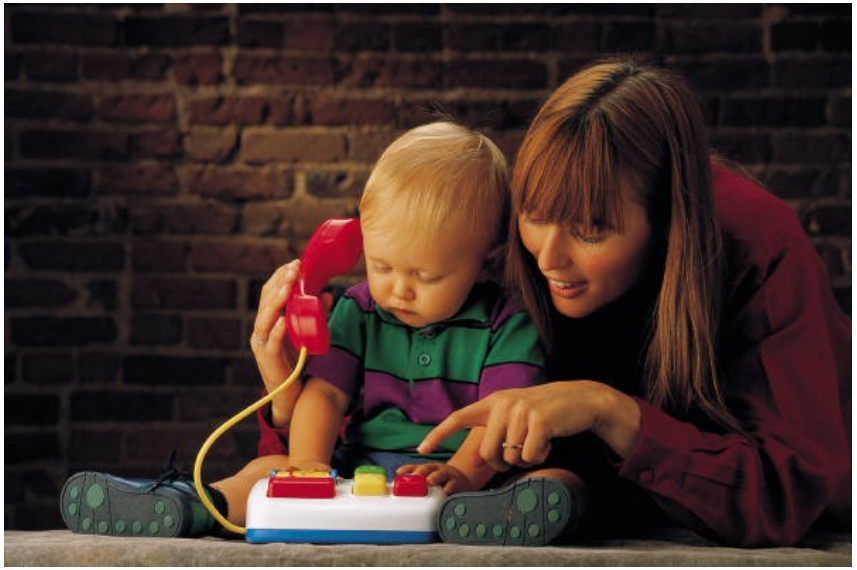
For Toddlers and Preschoolers

Wednesday

October 13 & 22

9:15 – 11:15 a.m.

ACS Room 102



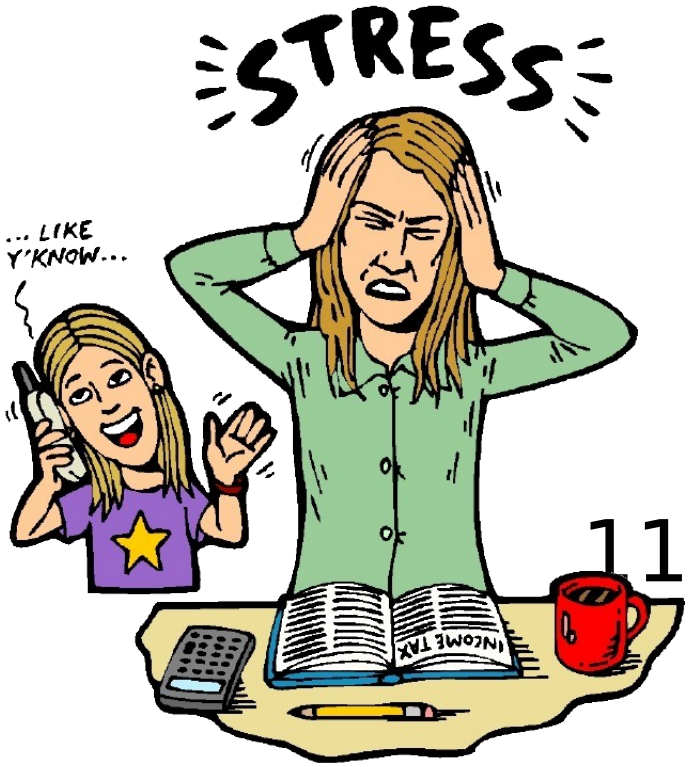
Army Community Service
Cozette Warner, 0621-730-2574
Sullivan Barracks, Bldg. 253

Stress Management

Thursday

October 14

2 – 4 p.m.



Tuesday

October 19

11 a.m. – 1 p.m.

Army Community Service
Darlene Fletcher, 0621-730-3101
Sullivan Barracks, Bldg. 253

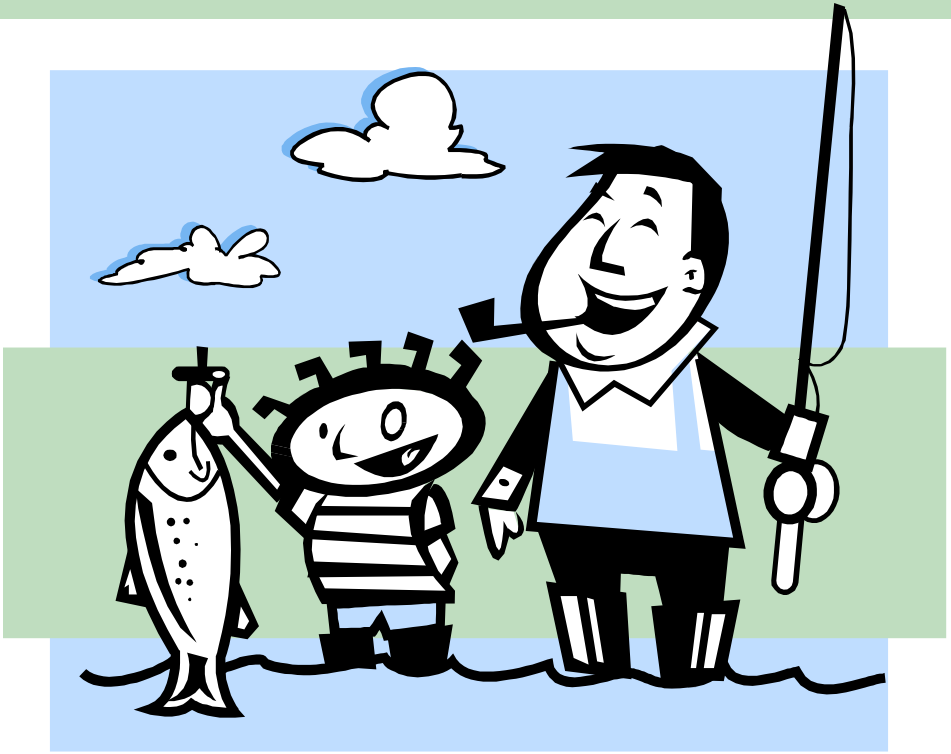
Healthy Self Image

Friday
October 15
12 – 2 p.m.

Army Community Service
Darlene Fletcher, 0621-730-3101
Sullivan Barracks, Bldg. 253

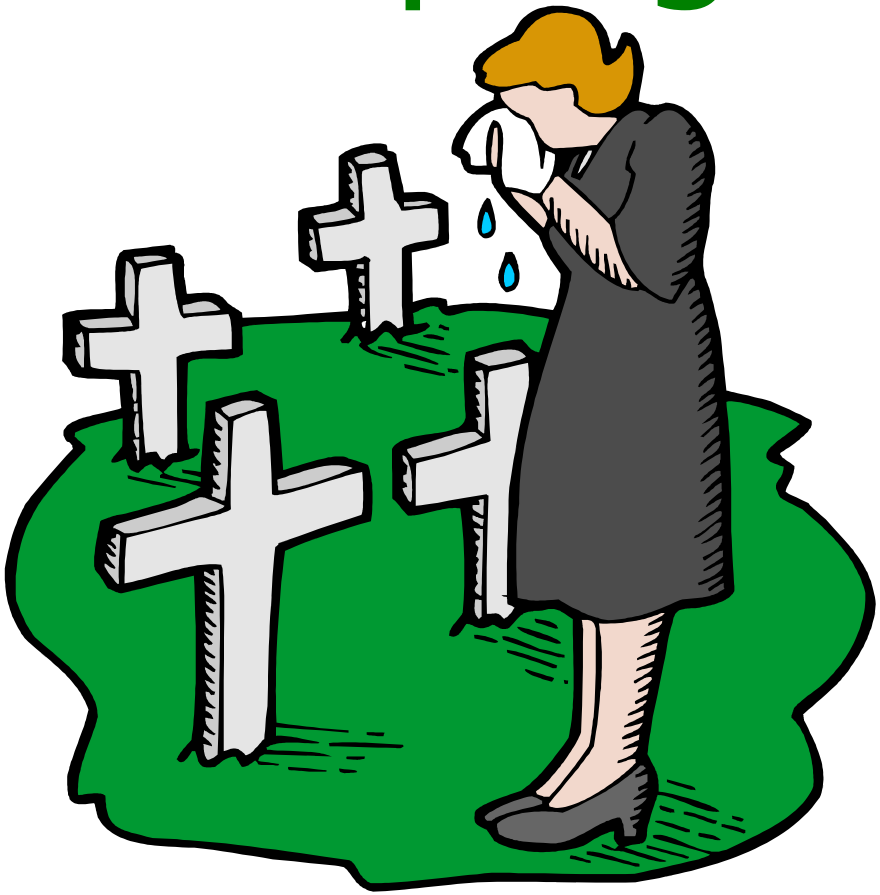
Coaching Boys into Men

Friday
October 15
5 – 6 p.m.



Army Community Service
Yulonda Gilbert, 0621-730-2071
Sullivan Barracks, Bldg. 253

Coping with Grief



Monday

October 18

11 a.m. – 1 p.m.

Army Community Service
Darlene Fletcher, 0621-730-3101
Sullivan Barracks, Bldg. 253

Dealing with your Parents

For Teens!

Tuesday
October 19
3:30 – 4:30 p.m.

Army Community Service
Cozette Warner, 0621-730-2574
Sullivan Barracks, Bldg. 253

Dynamics of Family Violence

Wednesday
October 27
5 – 6 p.m.

Army Community Service
Yulonda Gilbert, 0621-730-2071
Sullivan Barracks, Bldg. 253

Angel Tree Program 2004

- For children of the Mannheim Military Community
- Gift collection period from November 12 to December 12
- Select Angel from tree and purchase gift; Please Do Not Wrap
- Trees and Gift Drop Boxes at PX Lobby; Spinelli Toyland; Mannheim ACS

ACS Mannheim POC Ms. Kathy Bergman

Sullivan Barracks, Bldg 253, Room 109

Call DSN 385-2759/3101

or CIV 0621-730-2759/3101

"Let the Holidays Shine Bright for a Military Child"